

# Temptation & Challenges

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A survey of Discipleship Journal readers ranked areas of greatest spiritual challenge to them:

1. Materialism.
2. Pride.
3. Self-centeredness.
4. Laziness.
5. (Tie) Anger/Bitterness.
5. (Tie) Sexual lust.
7. Envy.
8. Gluttony.
9. Lying.

Survey respondents noted temptations were more potent when they had neglected their time with God (81 percent) and when they were physically tired (57 percent). Resisting temptation was accomplished by prayer (84 percent), avoiding compromising situations (76 percent), Bible study (66 percent), and being accountable to someone (52 percent).