

Say "No" to Discouragement

Psalm 42:5

➔ **RETURN**
to the Lord
■ Malachi 3:7



➔ **RELY**
on the Lord
■ Psalm 37:5

➔ **RADIATE**
for the Lord
■ Matthew 5:16

➔ **REJOICE**
in the Lord
■ Philippians 4:4

"Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him For the help of His countenance." Psalm 42:5