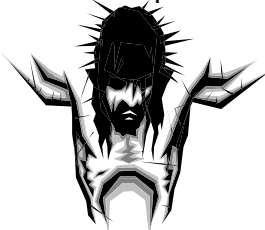


How to Focus Your Thoughts During the Lord's Supper

**IN ORDER TO HELP YOU MEDITATE DURING
THE LORD'S SUPPER, THINK ABOUT THESE NUMBERS:**

5-The Number of Times the Lord's Body was Pierced.

- Four nails pierced his hands and feet to pin Him to the cross.
- The sword pierced His side. John 19:34



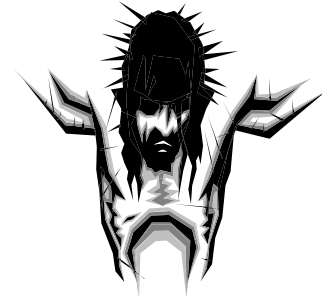
4-The Number of Parts into which His Clothes were Divided.

- The division of His clothes and the casting of lots for His robe were prophesied. (Psalm 22:16-18) Fulfilled in John 19:23-24.
- All that happened to Him was planned from the beginning.

3-The Number of Crosses.

1 Peter 1:20; Revelation 13:8

- One man dying for sins—One man dying to sin . . . Another man dying in sin.
- Today we are like one of the “other two.”



2-The Number of Eternal Destinies.

- Heaven and Hell. John 5:28-29.
- The Lord's Supper helps us to remember that He will return for us.

1-The Number of the Uniqueness of the Gift the Father Gave..

- His only Begotten Son. John 3:16; 1 John 4:10; Romans 8:32
- God gave us that which was precious to Him.

DO YOU MEDITATE ON THE RIGHT THINGS DURING THE LORD'S SUPPER?