

# How to Focus Your Thoughts During the Lord's Supper

PART 1 OF 2



**IN ORDER TO HELP YOU MEDITATE DURING THE LORD'S SUPPER, THINK ABOUT THESE NUMBERS:**

## **3 -The Number of Crosses.**

- One man dying for sins—One man dying to sin . . . Another man dying in sin.
- Today we are like one of the “other two.”

## **2 -The Number of Eternal Destinies.**

- Heaven and Hell. John 5:28-29.
- The Lord's Supper helps us to remember that He will return for us.

## **1 -The Number of the Uniqueness of the Gift the Father Gave.**

- His only Begotten Son. John 3:16; 1 John 4:10; Romans 8:32
- God gave us that which was precious to Him.



**DO YOU MEDITATE ON THE RIGHT THINGS DURING THE LORD'S SUPPER?**