

# Christians Should Break Bad Habits

## **SOME HABITS THAT OUGHT TO BE BROKEN!**

- **DRINKING** \_\_\_\_\_ 1 Peter 2:11
- **TOBACCO** \_\_\_\_\_ 1 Corinthians 6:13-20
- **SWEARING, CURSING, & PROFANITY** \_\_\_\_\_ Ephesians 4:29
- **GOSSIPING** \_\_\_\_\_ Proverbs 18:8
- **FAULTFINDING** \_\_\_\_\_ Matthew 7:1-5
- **ANXIETY** \_\_\_\_\_ Philippians 4:6-7



## **HOW TO BREAK A BAD HABIT!**

1. **CULTIVATE** • An intense desire to quit.  
• An abhorrence of the practice } Romans 12:9
2. **IMPLORE** the aid of God. Philippians 4:13
3. **DESIRE** and **ACCEPT** the assistance of brethren. Romans 15:1
4. **QUIT** and **STICK** to it!