

Beat the B-LU-E-S

Psalm 42:5



B - Believe the Positive

■ Philippians 4:8



L - Look for the Purpose

■ 1 Peter 5:10



U - Utilize the Promises

■ Romans 15:4



E - Encourage Other People

■ 2 Corinthians 1:4



S - Sing God's Praises

■ Psalm 66:2

Psalm 42:5

"Why are you cast down, O my soul?
And why are you disquieted within
me? Hope in God, for I shall yet
praise Him For the help of His
countenance."

