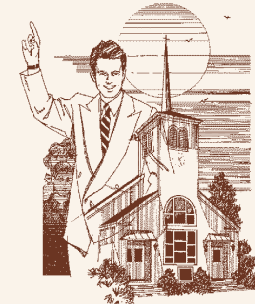
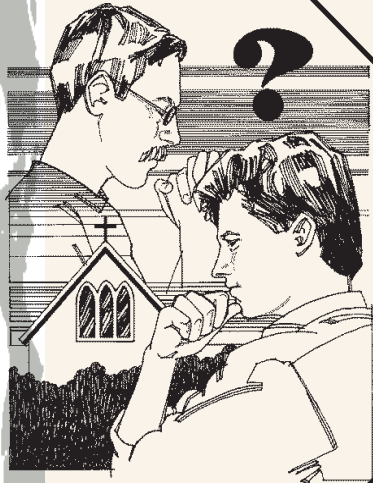


Seven Steps in Developing Self-Discipline

SELF-DISCIPLINE is required in order to accomplish any worthwhile goal. It is required for **SPIRITUAL GROWTH**.



1. START SMALL

2. BE ON TIME

3. DO THE HARDEST JOB FIRST

4. ORGANIZE YOUR LIFE

5. ACCEPT CORRECTION

6. PRACTICE SELF-DENIAL

7. WELCOME RESPONSIBILITY