

What to Do While You Wait for Marriage

There are several things Christians can do to control themselves sexually before marriage

➔ **Channel your energy through physical work and spiritual ministry**

Don't seek to be married for the sake of being married

Let go of the sex-mad, adulterous world

Program your mind with the Word of God

Count on divine help for you to live without sexual fulfillment

Avoid potentially tempting situations

Praise and thank God in the midst of your singleness

Have a close Christian friend of the same sex you can talk to

Remember that 1 Corinthians 10:13 is still in the Bible

