

# The Healthy Family - Part 2

**By strengthening these areas in your own family, you will improve relationships and increase your chances of a stable home and successful family.**

## 4. **TRUSTING** (Psalm 29:7)

- Trust must begin parents who trust each other deeply.
- Give children opportunities to earn trust, and let them learn to accept responsibility for their own behavior.



## 5. **SHARING TIME** (Deuteronomy 11:19; Hebrews 10:24-25)

- Lack of time and energy can be among a family's worst enemy.
- Learn to balance private time and collective leisure time.
- Prioritize your activities and **make** time for one another.



## 6. **FOSTERING RESPONSIBILITY** (Romans 14:11-12)

- Parents need to teach clear and specific guidelines about right and wrong.
- This means more than doing chores.
- This does not necessarily mean orderliness and perfection.
- The consequences of irresponsibility are valuable lessons to learn.