

When You Are Down in the Dumps

**REMEMBER YOU'RE
NOT THE FIRST**

**REMEMBER YOU'RE
NOT ALONE**

• Matthew 28:18-20

**REMEMBER GOD
LOVES YOU**

• John 3:16

**REMEMBER YOU'RE
NOT THE FIRST**

**REMEMBER TIME HAS
A HEALING POWER**

• Matthew 28:18-20

**REMEMBER
SOMEONE
NEEDS YOU**

**REMEMBER SOMEONE
IS WORSE THAN YOU**



GOD WILL LIFT UP HIS CHILDREN?