

# The Healthy Family

→ Ephesians 5:25 & Ephesians 6:1-4 ←



**ELORES CURRAN  
CONDUCTED A  
SURVEY AMONG  
PROFESSIONALS  
WHO WORK WITH  
FAMILIES, REGARD-  
ING THE TRAITS THAT  
MAKE UP A HEALTHY  
FAMILY. THE  
FIFTEEN TRAITS ARE**



- • Communicates and listens.
- • Affirms and supports one another.
- • Teaches respect for others.
- • Develops a sense of trust.
- • Has a sense of trust
- • Exhibits a sense of shared responsibility.
- • Teaches a sense of right and wrong
- • Has a strong sense of family in which rituals and traditions abound
- • Has a balance of interaction among members.
- • Has a shared religious core.
- • Respects the privacy of one another.
- • Values service to others.
- • Fosters family table time and conversation.
- • Shares leisure time.
- • Admits to and seeks help with problems.



**FATHER  
MOTHER  
SONS  
DAUGHTERS**

